

Clinical Connections

Program Guide

Speech Kids

OT Kids

Play Partners

Classroom Connection

F.O.C.U.S.

North Shore Teen Center

Clinical Consortium

Jamberry Program

2225 Lakeside Drive
Bannockburn, IL 60015
Phone: (847) 234-0688
Fax: (847) 234-0687
www.clinicalconnections.info

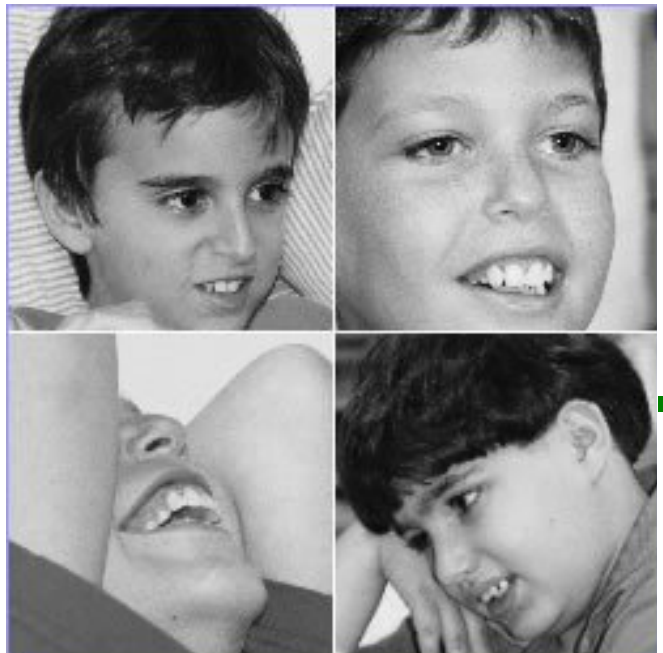


Table of Contents

Director's Newsletter.....	3
Early Childhood Programs.....	4
Jamberry Programs.....	5
Speech Therapy.....	6
Occupational Therapy.....	7
Play Partners.....	8
Classroom Connection.....	9
F.O.C.U.S. Program.....	10
North Shore Teen Center.....	11
Pre-Vocational Program.....	12
Additional Opportunities.....	12
Clinical Consortium.....	13
Clinical Connections Model.....	14
Clinical Connections Directory.....	15

Please note:

1. All prices quoted assume payment at the time of service. Please review our financial policy if you intend to pay otherwise.
2. All groups require payment at the time of enrollment. Make-up sessions will be offered, but refunds will be allowed only for emergency situations.
3. Program request forms are available at www.clinicalconnections.info or at the office. To request enrollment in any of our programs, please hand-deliver, fax, or mail your request form to us. Our website also announces deadlines for each session.
4. Some programs require a screening to ensure that we are able to optimally match the needs of our clients.

From Cris Lovendahl, Executive Director:

Reading through this program guide, you will discover many unique opportunities to support your child's development. We highly recommend that the design of your child's program change from Fall to Summer and Summer to Fall.

Our early childhood programs (0-3) are designed as a series of 10-week parent-child groups. If you (or a friend) are just beginning the therapeutic process, these groups will help orient you to therapeutic models while exploring your child's unique profile. These groups were "best practice" twenty years ago, but have virtually ceased to exist in the community. At Clinical Connections, we continue to support parent-child focused programming as daily stimulation should occur outside of therapy. Infants/Toddlers may participate with their parents in Infant Stimulation, Toddler Communication, Sensory Processing and/or Kaleidoscope Kids Groups.

We believe each child's program should include group participation to foster social skills, language and learning while interacting with peers. This encourages the skills to socialize and learn in small and larger groups, develops socially appropriate behavior, and is also cost-friendly. Until your child remains generally regulated, engaged, and closes several circles of communication (DIR Level 4), we recommend individual work to prepare your child for group participation.

Preschoolers may enroll in PALS (Play and Language Stimulation), Sensory Processing, Kaleidoscope Kids, or Jamberry Enrichment. Kindergarteners and First Graders may consider Jamberry Enrichment, Classroom Buddies, Classroom Kids, or Sensory-Motor Group. Of course, we are committed to our always-popular Friendship Groups, focused on social emotional development based on "Floortime" principles. Our TALK groups will strictly focus on language and articulation development in a small group setting. At age ten, we recommend participation in our Tween and Teen Programs, which present opportunities in a Club Model in addition to the 3-hour after-school model. Please see the Program Description for more details.

We try to provide an integrated model and welcome siblings into many of these programs. If you have a sibling that would like to participate, please complete a separate schedule request form for them and let us know what days and times they are available, and indicate your preference for coordinating their class. Enroll them as a junior play partner and they will be included in a group at no cost.

Many of you have met Mr. Alan Stenger through our Teen Center. Alan has expanded his role at Clinical Connections. Alan is a certified Physical Trainer with his degree in Psychology. He has worked with Special Needs Children in many settings, including Allendale. Alan is offering a Core Fitness Program which should be ideal for anyone who needs core strengthening.

Other unique opportunities for your child include: Music Therapy; Recreational Therapy; Animal-Assisted Therapy; Handwriting Group; The Engine Group; Fast Forward and Therapeutic Listening. Opportunities to assist you include: Creative Playrooms; Sensory Diet Clinic; Project Design and PECS Clinic.

Thank you for your continued business and support; we appreciate working with such great families!!

Early Childhood Programs



Crisler Lovendahl, M.A., CCC-SLP/L
Director

Our Early Childhood Programs are designed as parent-child groups. They follow a set curriculum in order to explore core strengths and weaknesses. Therapists guide parents in understanding each child's unique style and give suggestions for home programming. It is highly recommended that each family attend these foundational groups. These groups are the cornerstone of parent education and involvement in the therapeutic process. In addition, parent networking is invaluable.

INFANT STIMULATION GROUP (ISG)

This group is designed for 2-4 pairs of infants, age 0-2, with known risk factors, and their parents. Activities will foster all areas of development: personal-social, self-help, visual and auditory attention, fine and gross motor, listening and talking, and cognition. Milestones will be explored, and a home program will be developed for each parent and infant. Individual consultation is also available.

\$145/Individual Therapy

\$50/45-minute group/10 week sessions

PLAY AND LANGUAGE STIMULATION GROUP (PALS)

PALS group activities are designed to encourage listening, imitation, words and phrases, sensory exploration, and socialization. Recommended for children 3-6 years of age with mild-moderate speech, language, or social challenges.

\$75/60-minute group/10 week sessions



THE TODDLER COMMUNICATION GROUP (TCG)

Taught by a speech language pathologist, this group is ideal for children 18-36 months with mild-moderate speech, language, and/or social delays. Activities focus on interaction, imitation, vocabulary development, combining words, listening, and preschool readiness skills. Toward the approach of the third year, transitioning from parent attachment to emerging independence with peers will be addressed.

\$75/60-minute group/10 week sessions

SENSORY PROCESSING EXPERIENTIAL (SPE)

Taught by a speech pathologist or occupational therapist, this group aims to explore sensory processing in all modalities. Activities focus on response to touch (tactile), movement (vestibular), heavy work (proprioception), auditory, visual, olfactory, and gustatory input. Parents attend with their child and learn how to support the sensory system in order to optimize regulation and engagement.

\$75/60-minute group/10 week sessions

KALEIDSCOPE KIDS (KAL)

In Kaleidoscope Kids, parents explore all eight domains of development: personal- social, self-help (dressing, toileting, independence), fine and gross motor, receptive and expressive communication, academic readiness skills, and cultural literacy, with guided help from a certified teacher or therapist. Parents will learn how to support their child's unique profile in each area of development.

\$75/60-minute group/10 week sessions

Jamberry Preschool



Jamberry Preschool is designed to be an integrated 7 and 7 program, specifically: 7 “little linguists” and 7 children with mild-moderate speech, language, or social delays. The curriculum fosters participation, language, creative thinking, and interaction with peers. Our philosophy is to expose children to rich materials and experiences to boost academics, language, cognition, and social competence.

Daily activities are drawn from several historically successful curriculums including: Montessori, Waldorf, Reggio Emilio, and High Scope: A Cognitive Curriculum for Young Children.

Key experiences include: active learning, sensorial exploration, critical observation, vocabulary and concepts, seriation, classification, and representation of thoughts, feelings, and ideas.

Academic activities focus on: letters, numbers, colors, shapes, listening, following directions, prewriting, and phonological awareness.

Speech and Occupational Therapists and/or Social Workers also support: fine motor, gross motor, regulation, engagement, social referencing, circles of communication, turn-taking and sharing, compromising and negotiating.

Jamberry classes are co-taught by a certified teacher and a licensed speech-language pathologist or social worker with classroom aides as needed. An occupational therapist consults with the teachers to offer expertise in gross and fine motor development as well as sensory integration. Statements for insurance reimbursement will be provided upon request.

	Max 10	Min 5
	2 days	3 days
Community Peers	20.00	30.00
Therapeutic Program	150.00	225.00
Three Days a Week 9-11:30		

Jamberry Summer Camp



Jamberry Summer Camp is designed to be an integrated small group (max 8) camp for children with mild-moderate speech, language, or social delays. Activities focus on social and leisure skills as well as activities of daily living. Camp is only available in the summer.

Daily activities are drawn from our popular group models and are provided throughout the extended program.

Key experiences may include: art, drama, science, sensory-motor activities (balloon tennis, creating a miniature golf course), language experientials (creative play; photography), board games and videogames, and making snacks.

Therapeutic focus is on: independence in leisure, regulation and engagement through a range of activities, complex communication, logical problem-solving, and pragmatic skills.

Jamberry camp will be taught by two professionals such as a licensed social worker, speech-language pathologist, occupational therapist, or certified physical trainer with aides as needed. Statements for insurance reimbursement will be provided upon request.

	Max 8	Min 5
	2 days	3 days
Community Peers	10.00	20.00
Therapeutic Program	125.00	200.00
Three Days a Week 12:30—3:00		

Speech Therapy



Crisler Lovendahl, M.A., CCC-SLP/L
Director

Molly Reider, M.A., CCC-SLP
& Associates

Speech Kids specializes in providing speech-language and communicative interaction therapy to a wide variety of children from early childhood to young adulthood. At SpeechKids, we treat the whole child and include the family and school incorporating an eclectic, collaborative approach.

SPEECH INDIVIDUAL THERAPY (SIT)

Principles and methods are selected to match each child's individual profile and drawn from:
Relationship-based models (DIR; RDI; Theraplay);
Oral-sensory, oral-motor, and apraxia therapies;
Auditory processing and listening programs (Therapeutic Listening, Fast ForWord, Earobics);
Visually supported language learning models (PECS, Intellitalk, TEACCH);
Sensory integration principles; Language learning programs (Verbal Behavior, Teach Me Language);
Metacognitive and Metapragmatic approaches (Raising a Thinking Child);
as well as traditional speech and language methods.

\$145/60-minute session

\$115/45-minute session

\$80/30-minute session

TALK GROUP (Teaching Articulation and Language to Kids) (TALK)

Fun, affordable, unique, and effective. About 10% of preschool and elementary children have later developing speech, language, mild social difficulty, and/or mild learning challenges. Mild developmental issues, not addressed by the school system, are not typically covered by insurance. In response, SpeechKids introduced small groups to offer an affordable way to address developmental skills. These groups consist of two to four children, all with mild articulation and language delays.

\$75/60-minute group

\$50/45-minute group

ORAL-MOTOR, SPEECH, AND FEEDING CLINIC (OMC)

This clinic is designed for children with moderate to severe oral-motor or feeding problems. Examples include: oral aversion, difficulty transitioning from purees to finger foods, a preference for a specific texture (often "crunchy"), gagging on textures, oral dyspraxia (difficulty positioning the articulators), constant mouthing, self-injury in the oral area, low caloric intake, reflux, aspiration, laryngeal penetration, etc. An expert, multi-disciplinary support and problem-solving team will be assembled as needed. A Speech Pathologist (oral sensory and oral motor), an Occupational Therapist (positioning, sensory support, and hand control), and a Nutritionist (specialized diet support) are often part of the team. By appointment only. Cost varies by team

PECS CLINIC (Picture Exchange Communication System) (PECS)

The PECS clinic invites caretakers, private and school speech therapists (and any other significant communicators) to meet collaboratively, identify, and print the pictures and concepts to be placed in the PECS book along with its organization. This is the most efficient and effective way to upgrade, revise, and design a PECS book or VOCA (augmentative communication device). By appointment only. A credit of \$10.00 is applied towards materials.

\$80/30-minute session

PARENT COACHING (PC)

In this ten week clinic, parents will be coached in play therapy, communicative interaction, social referencing, indirect language stimulation and attention building techniques.

\$ 145/60-minutes

FAST FORWARD CONSULTATION (FFC)

Is this the summer to participate in an intense program to boost auditory and language skills? Based on over 25 years of brain research, the interactive exercises of Fast Forward use patented technology to clarify sounds and train the language skills critical for reading, including: phonological awareness, listening comprehension, sustained focus and attention, and language structures. A certified Fast Forward provider will set up a formal Fast Forward program, coordinate facilitation, and monitor progress.

Consultation Fee (only)

\$200.00

Occupational Therapy



Crisler Lovendahl, M.A., CCC-SLP/L
Director
Damon Williams, B.A., OTR/L
Occupational Therapist
& Associates

At Clinical Connections, Occupational Therapy is designed to meet the needs of the whole child. Goals focus on regulation and engagement, visual-perception and visual-motor skills, visual-spatial-organizational skills, and fine and gross motor abilities (strength, agility, and motor planning). Ideation, sensory processing, and sensory integration are also maximally supported.

Like all of the Clinical Connections divisions, every effort is made to communicate and collaborate with the entire clinical team, the school team, and the family. Meaningful activities and sensory diet are developed, suggested, and coordinated for each setting.

INDIVIDUAL OCCUPATIONAL THERAPY (IOT)

Principles and methods are selected to match each child's individual profile and drawn from: Relationship-based models (DIR; RDI; Theraplay); Sensory-processing and Sensory Integration therapies; Auditory/Vestibular therapies (Therapeutic Listening; Interactive Metronome-pending); Visually Supported Models of Organization (PECS; TEACCH); Assistive Technology (Intellitalk; Type-to-Learn); Hand Therapy/ Handwriting Programs (Benbow; Handwriting without Tears; Getting it Write); Metaregulation approaches ("How does your engine run?"); as well as traditional occupational therapy methods.

\$145/60-minute session

\$115/45-minute session

SENSORY MOTOR GROUP (SMG)

Working in dyads or groups of 3-6, children will focus on regulation, cooperation, and co-creation throughout a variety of sports and motor activities. Children build skills in the areas of turn-taking, creating and following a set of rules, and sportsmanship. Activities may include miniature golf, obstacle courses, and balloon tennis.

\$145/60-minute group

THE ENGINE GROUP (EG)

"If your body is like a car engine, sometimes it runs on high, sometimes it runs on low, and sometimes it runs just right." These simple words begin the Alert Program (Williams & Shellenberger, 1996), an exciting adventure with steps for teaching self-regulation and modulation awareness. Children learn that simple strategies or changes in daily routine, such as dancing to music before school, packing crunchy food for lunch, or jumping on a trampoline after school may be all that is needed to maximize functioning and keep engines running "just right".

\$75/60-minute group

SENSORY DIET CLINIC (SDC)

The purpose of this clinic is to design and coordinate a daily sensory diet. Parents and the school team are invited to meet collaboratively to identify, enhance, and coordinate the sensory opportunities available during the day. Equipment, procedures, and frequency of activities will all be addressed.

\$80/30-minute session

SAMONAS/THERAPEUTIC LISTENING THERAPY CONSULTATION (SLTC)

Therapeutic Listening® is therapeutic use of an extensive library of electronically altered music on compact discs in combination with sensory integration treatment strategies. The emphasis of TL is on blending sound intervention with vestibulo-proprioceptive organization to sustain grounding and centering of the body and mind in space and time. The discs target a variety of skills such as: posture and self-regulation, attention, communication, socialization and organized behavior. During this consultation a listening program is designed, discs and equipment are selected, and instructions for a listening log are explained.

\$ 145/60-minute session

PARENT COACHING (PC-OT)

In this 12-week clinic, parents will be coached in overall sensory processing theory, and each of seven domains: tactile, vestibular, proprioceptive, auditory, visual, gustatory, and olfactory. Regulation of basic life functions will also be explored, including: eating, sleeping, and regulation of feelings. The last session will be a discussion of recommendations for each child's profile.

\$ 145/60-minute session

Play Partners



Crisler Lovendahl, M.A., CCC-SLP/L
Interim Director

& Paraprofessional Associates

The Play Partners program fosters social-emotional growth for children with special needs including support in communicative interaction goals and play skills.

PLAY PARTNERS-HOME (PPH)

Trained paraprofessionals will come to your home and provide up to 2 hours of service. Individualized goals typically focus on achieving regulation and mutual engagement through a range of emotions, circles of communication, and expression of symbolic and emotional ideas. Typical sessions include symbolic play activities, sensory-motor activities, and semi-structured activities, such as board games. Infused methodologies include Floortime, Relationship Development Intervention, Theraplay, and traditional pragmatic training.
\$35/hour

HOME PLAYDATE FACILITATION (HPF)

Play partners will come to your home to facilitate DIR-based play dates. Take advantage of this opportunity for your child to create meaningful social memories with children from their school, community, etc. Caregivers are responsible for scheduling and providing materials/snacks for all playdates. This program is also excellent for facilitating play between siblings.
\$35/hour

PROGRAM FACILITATION (PF)

Play Partners are available to carry out home programs, act as a school or camp aide, or facilitate intensive computer programs such as Fast Forward. If you plan to use these services at least 10 hours per week, we can provide this service at a discount.
\$20-25/hour

PLAY PARTNERS-CLINIC (PPC)

Traditional Play Partner services offered onsite. Onsite Play Partner sessions incorporate a variety of unique play materials in addition to utilizing our state-of-the-art facility including a sensory-motor gym, art room, early childhood room, and "Apartment".
\$35/hour

FRIENDSHIP GROUP (FG) Children will learn to carry over skills mastered with a Play Partner into dyads and eventually small groups. Groups are customized to fit the specific needs of each child.
\$75/hour

We ask for a 6-week commitment to our Play Partner Groups, and require \$450.00 group fee upon registration. After the first 6 weeks, an additional 3-6 weeks may be recommended.

PLAY PARTNER PROFESSIONAL (PPP)

A licensed therapist will consult to individualize your child's social-emotional program. These services include diagnostic and therapeutic individual services, mentoring and consultation, and can be provided at home or in the clinic.
\$80/hour

CREATIVE PLAY ROOMS (CPR)

The Play Partners Director and an assistant will come to your home to assess your child's play environment, make formal recommendations, shop for appropriate materials, and assist you in reorganization and rearrangement. Typically requires five hours.
\$75/hour

JUNIOR PLAY PARTNERS (JPP)

We would like to invite siblings to participate in our Junior Play Partners program. These sessions are typically scheduled when you are already in the clinic for services. Junior Play Partners volunteer to support a child in therapy through play in a friendship group or work in a buddies group for a period of 10 weeks. They receive a gift at the end of each period.
We appreciate your support of our volunteer program!

Classroom Connection



Kari Becker, M.Ed., LBS I Certified
Director

Molly Stenger, B.A., Certified Teacher
& Paraprofessional Associates

Classroom Connection is a clinic-based program offering a wide array of services to families of children with learning needs. The Classroom Connection strives to coordinate school instruction, clinic-based therapy and home programming. This coordination is provided through team collaboration, problem-solving and individualized, child-centered planning.

INDIVIDUAL TUTORING-FACILITATOR (ITF)

A set of goals is developed using information gathered from the student's private and educational team members and parents, and these goals are facilitated in a 1:1 classroom setting. Each child's session is determined by his/her individual needs and a variety of methodologies are used to optimize learning. Programming is data-driven, using research-based methodologies. A consultant is periodically recommended as part of your team to modify programs, brainstorm strategies and monitor progress.
\$35/hour

INDIVIDUAL TUTORING-CONSULTANT (ITC)

Consultants facilitate individual tutoring sessions to problem-solve, develop strategies and skill build. A consultant focuses on determining each student's individual learning style and recommending strategies and methodologies that optimize academic success.
\$80/hour

CLASSROOM BUDDIES GROUP (CBG)

Classroom Buddies groups focus on a "we-go" for learning. Students practice working together, sharing ideas and listening to others in an academic setting. Three groups are offered: KG- 1st grade, 2nd-3rd grade and 3rd-4th grade.
\$50/1 hour group

KLASSROOM KIDS GROUP (KKG) An extension of our Classroom Buddies group, Classroom Kids is a 2 hour focus on a "we-go" for learning. Students practice working together, sharing ideas, following classroom rules, listening to others and presenting in front of the "class" in a small group academic setting. In addition, students will collaborate and coordinate ideas during recess, arts and crafts, and centers. Students work on maintaining regulation and appropriate modulation throughout all activities and transitions. Three groups are offered: KG-1st grade, 2nd-3rd grade and 4th-5th grade and meet twice a week.
\$100/2 hour group

ACADEMIC ASSESSMENT (AA)

Academic assessment is available in any of the following areas: readiness, reading, writing, math, social studies and science. Full reports with recommendations and a parent information session will be provided.
\$80/hour

HANDWRITING GROUP (HWG)

Fine-motor skill-building, hand-strengthening, and handwriting practice are combined in this group to work on issues of formation, legibility and stamina. Multi-sensory materials are used and strategies from handwriting protocols (Handwriting Without Tears, Getting it Write, etc.) are utilized.
\$50/hour

PROJECT DESIGN (PD)

Activities, schedules, PECS cards and social stories can be produced for home or school programs. Items can be designed with individual needs in mind.
\$20/hour + materials

CONSULTATIVE SERVICES (CC)

Classroom Connection consultants are available for consultative services such as school/home observations and recommendations, problem solving specific issues, coordinating and running team meetings, attendance at IEP's, and collaboration and coordination with private/educational team members. Available by appointment only. \$65/hour

F.O.C.U.S. Program



Fostering Organization, Competence,
and Utilization of Strategies for Success

Kari Becker, M.Ed., Certified Teacher
Molly Stenger, B.A., Certified Teacher
Crisler Lovendahl, SLP/L

The FOCUS program's mission is to develop executive function, organizational skills and strategies, and higher level language that support successful learning in regular education.

FOCUS TUTORING (FIT)

Students work with a certified teacher to develop successful work habits and organizational strategies. The style and expectations of the teachers at the student's school are explored. Students practice organizing their supplies and assignments, guided highlighting and annotations, outlining and summarizing key concepts, and extended response using actual classroom materials. Quizzes, tests and homework assignments are reviewed for competence and utilization of strategies. Groups can include two to four students working with one certified teacher. In addition to individual goals, students will work on cooperative and collaborative learning. Advantages to a small group are socialization, motivation, and practice completing group projects.

\$75/hour-Individual

\$50/hour-Group

FOCUS ON EARLY WRITING (FEW)

The student will work 1:1 with a certified teacher. The session will focus on basic elements of the writing process such as: topic sentences, supporting details, descriptive techniques, and basic editing. Students will participate in the pre-writing process by practicing a variety of graphic organizers and attending to teacher rubrics.

\$75/hour-Individual

\$50/hour- Group

FOCUS ON ADVANCED WRITING (FAW)

The sessions will review the basic writing process: taking the student through the important steps of brainstorming, the use of graphic organizers, and using outlines for drafting a paper. Different types of writing will be explored including: expository, persuasive, narrative, etc. Knowing one's audience, presentation, and the entire editing process will also be discussed.

\$75/hour -Individual

\$50/hour - Group

FOCUS ON DEVELOPMENTAL LANGUAGE ARTS (FDLA)

Students work on identifying main ideas, key details, paraphrasing, and summarizing using a developmental language-based program to improve reading comprehension skills. Students will also complete a comprehensive review of grammar and syntax rules. Developmental language arts is taught by a speech language pathologist.

\$145/hour

INTENSIVE CLINICS:

Each intensive clinic meets eight times for intensive practice on isolated skills. Highly recommended as a course of summer study.

FOCUS ON ORGANIZATION (FORG)

Focus on organizing Lockers, School Supplies, Assignment Notebooks, Tracking Assignment Completion and Tests/Quizzes. In addition, breaking down the sub-steps and creating timelines for long-term projects is also addressed.

\$75/hour

\$50/hour-Group

FOCUS ON STUDY SKILLS (FOSS)

Students develop a style for approaching four critical techniques utilized in junior and high school: Highlighting, Annotating, Summarizing, and Outlining. The formats of the student's school will be incorporated.

\$75/hour

\$50/hour-Group

Tween and Teen Programs



Crisler Lovendahl, M.A., CCC-SLP/L
Interim Director

The North Shore Teen Center's mission is to develop independence in teens and tweens with special needs by providing them with a safe, supervised and social environment which promotes skills for a healthy lifestyle.

Therapeutic Programs in the Teen Center are supported by a Lead Teacher, a Peer Mentor, and a Speech and Language Pathologist and/or an Occupational Therapist. The cost of therapies are included in the session price; this allows families to bill the insurance company which may amount to full or partial reimbursement for the session.

TEEN CENTER INDEPENDENT PROGRAM (TCIP)

For tweens/teens who can rely on a 4:1 staff ratio with 1 lead teacher and 1 peer mentor.

Participants will design a 3-hour daily schedule and learn to include 5 types of activities: leisure, social, work-outs, snack preparation, and learning/homework. Teen/tweens are expected to maintain an orderly environment.

Independence and a healthy, balanced lifestyle are stressed. Maximum capacity for this group is 8 participants. Can be pro-rated upon availability.

\$150/day (3 hour session)

TEEN CENTER STRUCTURED PROGRAM (TCSP)

For tweens/teens who need 1:1 support. This group has 1 lead teacher and a facilitator for each participant. Participants will practice leisure, social, exercise, work and life skills, including: independent work skills, group participation, and snack preparation. Maximum capacity for this group is 5 participants.

\$200/day (3 hour session)

TEEN CENTER DROP IN (TCDI)

We offer drop-in services from 10 am to 3:30 pm Monday through Friday. Students practice social-language, recreational, leisure, academic, activities of daily living, independence and safety awareness, and vocational skills appropriate with goals with one-on-one attention by our paraprofessionals.
\$35/hour

TEEN CENTER CLUBS (TCC)

Modeled upon the after-school programs at the local high schools, clubs are interest-driven groups of tweens and teens that design their own activities. This co-collaboration will be scaffolded by an adult sponsor until participants are able to independently negotiate and carry-out their program. Club themes will be agreed upon by participants and may include: Rock-Band, Anime, Interactive Gaming, Photography, Mad Science, Building (Legos/Knex); etc.

\$35/ 1 ½ hour session

YOUNG ADULT SOCIAL GROUP (YASC)

For teens aged 16-18, this group focuses on fostering social and leisure skills. The teens lead the activities of the group, negotiating and compromising, practicing appropriate social interactions and expanding the repertoire of preferred social and leisure activities.

\$35/1 ½ hour session

TEEN PARTNERS (TPN)

Teen partners will come to the house to enable tweens/teens to generalize independence in activities of daily living, including cooking, grooming, laundry, chores, safety awareness, and planning an afternoon with friends. Community experiences may also be coordinated. A consultant is periodically recommended as part of your team to modify programs, brainstorm strategies and monitor progress.

\$35/hour

Pre-Vocational Program



Additional Opportunities



PRE-VOCATIONAL PROGRAM

The focus of the vocational program at Clinical Connections is to teach practical skills in the areas of job ethics, technical skills, safety in the workplace, responsibility and independence. Within each area, the participant will be assessed for knowledge and demonstration of skills. Interviews, functional assessment of skills and formal assessment tools (i.e., TTAP) will all be used to determine current levels of functioning and goals for development sessions.

PRE-VOCATIONAL ASSESSMENT (VA)

Assessments can focus on one or multiple areas of vocational readiness. Formal (TTAP and other parent and participant rating scales) and informal testing (discrete task analysis and parent and participant interviews) can be completed to determine the participant's current skills, functioning and independence in activities of daily living, vocational tasks, and functional communication. A full or brief assessment report and recommendations is included.

\$80/hour

PRE-VOCATIONAL DEVELOPMENT (VD)

Once pre-vocational skills are determined, our support team will work on development and application of these specific skills needed for success in possible job opportunities. Skills in general work ethics, safety, responsibility and independence will be fostered. In addition, participants will learn how to dress appropriately for work, appropriate grooming habits, interpersonal, and organizational skills vital to success in a work environment.

\$80/hour for a consultant

\$35/hour for a facilitator

CORE FITNESS PROGRAM (CFP)

A certified physical trainer will work individually with your child to provide supervised and structured exercise routines that increase cardiovascular endurance, strength, flexibility, and balance. Program elements can include: cardiovascular activities (walking, jogging, biking, aerobics, etc...), calisthenics (bodyweight) and other light resistance strength work, core exercises (focusing on abdominals, obliques, low back), exercises to address static, active, and dynamic flexibility, balance exercises to improve dynamic joint stabilization, discussing the building blocks of nutrition (protein, carbohydrates, fat), and designing/participating in various games (golf, basketball, etc).

\$75/hour

CIRCLES: INTIMACY AND RELATIONSHIPS INDIVIDUAL SESSION

Led by a licensed social worker, the Circles Program is a video and discussion program that teaches social boundaries. Children will: gain an understanding of personal space; build understanding of types of appropriate affection; learn the social appropriateness of physical affection; have a better sense of stranger danger; and gain an understanding and realization of their place in their world.

\$80/hour

SIBLING GROUP (SG)

For children who have a brother or sister with special needs. The group provides an opportunity to meet other siblings in a relaxed setting and discuss their similar concerns, joys, and struggles in a safe and therapeutic environment. They will learn how to handle commonly experienced situations, including communication and coping strategies. Questions are answered honestly and communication with family is encouraged.

\$50/hour

INDIVIDUAL PARENT CONSULTATION (PC)

Individual consultation goals are developed specifically for each family. Our social worker can focus on issues of case management and making programming decisions, family and coping issues and development of home plans to remediate specific areas of concern. By appointment only.

\$80/hour

Clinical Consortium



The Clinical Consortium is a professional collaboration located in our Bannockburn clinic which provides the opportunity for master therapists to treat in a trans-disciplinary environment, thus enhancing collaboration and problem-solving.

CHICAGO BEHAVIOR CONSULTANTS

ALICE BELGRADE, M.S. ED., L.C.P.C. is a certified, licensed behavior therapist; licensed clinical professional counselor; been in private practice for more than 15 years and is cofounder and Clinical Director of Chicago Behavior Consultants, Inc. Alice provides behavior modification technology to support families and schools through individual and classroom consultation, inclusion expertise, functional analyses, behavior intervention plans, and IEP goals. By appointment only.

BECCA CANASTRA, MUSIC THERAPIST

Individual Music Therapy (IMT) A Music Therapist uses music as the medium to help children progress in their targeted areas. Music Therapy goals at the Consortium are based upon the individual needs of a child. Examples of children's goals include: increased attention span; decreased distractibility; developing social skills; learning positive coping strategies; learning to interact cooperatively and appropriately with others; developing communication skills; improving self-concept, and self-esteem; decreasing self-absorption; and developing self-control in dealing with fear and frustration. By appointment only.
\$75/hour

LEORA EIDENBERG, LSW **Hebrew Instruction (HI)**

Leora has over 20 years experience tutoring all ages in Hebrew instruction, including students with special needs. In addition, she is available to tutor students in preparation for Bar/Bat Mitzvah. By appointment only.
\$60/hour

WENDY CHOTINER, MS, CTRS **RECREATIONAL THERAPY**

Team Building Group (TBG)

An experiential therapy that involves unique experiences where participants will use communication and trust to complete the activities. Throughout the process, participants will receive feedback from the facilitator and their group members, and a discussion after each activity. The group will learn to effectively communicate, problem solve and ask for and give support. Group requirements: 5th grade and up
Group minimum: 4 participants
\$60/hour

Individual and Group Recreational Therapy (IRT)

Initially working on creating a relaxed and fun environment, your child will explore a number of fun materials, games and activities. Goals may include self-esteem building, leisure expansion, shared joy and connection with the therapist, hobby development, anger or stress management, and finding relaxation and comfort in the activities and environment. Individuals may participate in art or craft projects, gardening, cooking, indoor games, adapted sports or outdoor adventures. Our therapists individualize sessions based on your child's skills, abilities, interests and use humor and fun to build a safe and nurturing environment for him/her to grow and mature physically, emotionally and socially. Therapy goals are developed in collaboration with each child's parents and current team members.

Individual: \$75/hour

Group: \$50/hour

Individual and Group Animal Assisted Therapy (AAT-I)

Children and young adults will work on therapy goals while interacting with animals. Weekly sessions may work on interacting with the animal in a nurturing way, grooming activities (working on following a sequence), taking the animal for a walk, feeding the animal and playing with the animal. Goals may include improving fine and gross motor skills, increasing attention, responsibility, reducing anxiety around animals, increased empathy, rapport building, increased nurturing, increased communication, motor-planning, relaxation and increased self-confidence.

Individual: \$75/hour

Group: \$50/hour

THE CLINICAL CONNECTIONS MODEL

Our SpeechKids program offers individual and group speech therapy from a variety of methodologies. We specialize in Sensory Integration Dysfunction and related disorders, including the many secondary feeding and oral motor difficulties. SpeechKids therapists are relationship-based and traditional striving to incorporate structured language, engagement and ideation, pragmatics, auditory processing, and sensory principles into treatment. We place much emphasis on oral-motor and motokinesthetic strategies to address severe dyspraxias. Focused problem-solving is available through our Oral-Motor Feeding Clinic and PECS Clinic for which single appointments are made.

The OT Kids program eclectically blends creative and innovative alternatives with traditional methodologies and principles. Specializing in Sensory Integration Dysfunction, our occupational therapists also incorporate principles of relationship-based models and meta-regulation approaches (e.g., Alert) to foster regulation and engagement. Other methodologies offered include: Therapeutic Listening and Activation of the Core. OT Kids therapists place an equal emphasis on hand development therapy, including best practice from Benbow and related handwriting programs.

Play Partners is our branch of social-emotional services offered by licensed therapists who both provide individual and group therapy, as well as guide our paraprofessionals in play techniques. Play sessions are designed to foster regulation, engagement, communication, and imagination in symbolic, sensory-motor, and semi-structured activities. Children begin with a series of individual sessions until they are able to remain regulated and engaged. Then they practice these skills in dyads and eventually larger groups. Play Partner paraprofessionals will come to your home to provide additional, affordable hours of relationship-based play and interaction, either individually or to facilitate home playdates. They are also available to aide at camps, schools, or other home programs.

Our therapeutic department also offers a variety of Early Childhood Parent and Tot classes designed to be short-term and affordable. Our groups follow a set curriculum to learn together about your child's profile and develop home programming activities. At approximately age three, children are gently transitioned into independent classes such as PALS or our Jamberry Preschool program for ages three to six. Our newest program Jamberry Summer Camp to fosters social, leisure, recreational and communication skills for ages six to nine.

At Classroom Connection, children receive individual and group therapy to focus on pre-academic and academic needs from a certified teacher (consultant) or a facilitator (paraprofessional). Eight domains of development are addressed didactically: Personal-Social, Self-Help, Fine Motor, Gross Motor, Receptive Language, Expressive Communication, Cognition, and Literacy. With periodic consultation from our consultants, your child's program will be individually designed and data-driven. Best practice recommendations from ABA, TEACCH, and various traditional reading and math programs may be utilized. Consultative services strive to coordinate school instruction, clinical-based therapy, and home programming.

The mission of the FOCUS program is to foster organization, competence, and utilization of strategies to succeed in regular education elementary, middle and junior high school. Organization of supplies/lockers, tracking and planning of homework completion/tests/projects, outlining and highlighting, annotating, test-taking and preparation strategies, identifying main ideas and critical details, reading comprehension and summarizing key concepts, as well as success in the editing process.

The North Shore Teen Center, opened in Fall 2005 has surpassed our expectations in terms of its benefits, and its programming is expanding.. We have designed an "apartment" where tweens and teens gather beginning at age ten. There are two levels of after-school therapeutic programs (three hours daily) with focus on social, leisure, food preparation, workouts, homework completion, developing life skills and interests, communication, and homework completion. The therapeutic programs are supported by Speech and/or Occupational therapy consultation and participation. Another option is offered through Teen Clubs, led by teen mentors, where tweens and teens socialize and collaborate on an area of interest such as anime, mad science, etc.. Our Teen Partners program extends this programming to the home to generalize independence in activities of daily living, including cooking, grooming, laundry, chores, safety awareness, and planning an afternoon with friends.

Or Pre-Vocational Development Program is available through collaboration between Classroom Connection and Teen Center staff. Vocational programs teach practical skills in the areas of job ethics, technical skills, safety in the workplace, responsibility and independence. Vocational assessment is recommended to identify the participant's current skills and needs. Vocational development therapy is then conducted with paraprofessionals guided by a consultant.

Lastly, through the Clinical Consortium, we are able to offer a broader range of activities and therapies from master guest therapists. Continuing programs include Behavior Consultation, Music Therapy, Recreational Therapy, Animal-Assisted Therapy, and Hebrew instruction. If you know of other talented professionals that like to offer their services at our facility, please let them know about our consortium.

CLINICAL CONNECTIONS DIRECTORY

For General Concerns or Questions: Executive Director, Cris Lovendahl	(847) 234-0688 ext. 3
For Clinical Concerns or Questions: Clinical Director, Kari Becker	(847) 234-0688 ext. 1
For Billing or Business Concerns or Questions: Business Director, Julie Hokin	(847) 234-0688 ext. 5
To Add a Service, or for New Clients: Intake Coordinator, Kari Becker	(847) 234-0688 ext. 1
To Cancel a Session or Change Times: Scheduling Coordinator, Melissa Ramlow	(847) 234-0688 ext. 2
Fax Line	(847) 234-0687
Consortium Members	
Belgrade, Alice	(312) 389-3016
Canastra, Becca	(847) 707-9575
Chotiner, Wendy	(847) 567-6699
Consortium Manager	
Donna Ferris	(847) 582-1787 ext. 2